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Naphill & Walter's Ash Gazette July 2019



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Welcome!

to the special NapFest edition of
The Naphill & Walter's Ash Gazette

Another absolutely FABULOUS NapFest weekend! Congratulations and thanks to Linda Clark and her team and to the Classics team. To celebrate we have a marathon NapFest edition of the Gazette! Huge thanks to all the contributors and photographers who have made this the biggest edition of the Gazette which I have ever had the privilege to collate. I have run out of space so the NapFest dog show results and photos will be included next month.

It was with sadness that I publish the news that Priiti, Param and the twins are leaving the shop and Post Office in Naphill. We wish them well and we will miss them.

This month we have good news! Naphill and Walter's Ash are going to have a dental surgery. I am publishing an article from

our new dentist, Tersten Moehl MDS as he opens Pura Vida. Welcome to our community, Tersten.

Choosing this month's cover has been difficult as I have been totally spoilt for choice, but finally my thanks to Richard Holroyd. Possible cover photographs are always welcome, the exact specification for these can be obtained from our photographic coordinator, Paul Goby.

Thank you for all the appreciative comments re the new Gazette layout. Your comments are always welcome. My apologies to the fete princes for getting their blurb the wrong way around last month! I hope you all enjoy this edition. Please note that the next Gazette is the combined AUGUST/SEPTEMBER, I still don't want to spend August in the office chasing copy when, other than local businesses, everything is closed. Happy July everyone!

Sonia

Copy Date for August/September Gazette 15 July 2019

Naphill Village Hall & Playing Fields Council - Chairman's Report

www.naphillvillagehall.org.uk



I am writing this report on the Monday after Napfest. What a weekend! The weather played a major role and after some heavy showers on Friday we were fortunate to have only one shower in the evening before the night's entertainment got started and everyone appeared to have a good evening. Saturday came and although the weather was windy the rain held off and the sun came out. The fancy dress parade was an explosion of colours and the children had a great time. Judging the fancy dress is not easy but the Station Commander and I agreed on the awards and I hope not too many children were disappointed.

I must say thank you to the Station Commander for his participation and congratulate him on his CBE in HM The Queen's Birthday Honours List. I must also thank David Liddington for his presence and involvement. I think he was glad to get away from the politics for a day! There were many people at the fete and hopefully they all enjoyed themselves and helped to raise some funds for the village hall. I have just seen the latest invoices that have been paid and they totalled £5782. There is always money to be paid so the Napfest income is very handy.

One of the invoices was for the hall insurance and that came to £4172. There will be another invoice soon for the Bon Ami doors and that will be for £2400 and so the costs go on!

Classics on the crick had a fantastic day, weather wise and turnout. There were so many cars turning up that unfortunately some had to be turned away. The spectators had a large amount of cars and bikes to see and looked as if they were enjoying themselves.

At the village hall committee meeting on 3 June we welcomed Peter Williams onto the committee and he has agreed to take on the playground as his area of interest. There was a discussion about the Small Hall and how we could use it as there have been some problems around the access and suitability of the Small Hall for certain lets. We now have some ideas but there will be further discussion on the use and suitability of the Small Hall. I have had two quotes for soffits and guttering around the Scout Hut and Men's Club and we are awaiting a third quote before making a decision. The area where the tree was blown over has had some topsoil and grass seed spread over it and hopefully will soon be green again. The new playground equipment has been ordered but before it can be installed the area where it is going has to be made smooth and any previous matting has to be removed, this should be done in the next couple of weeks. So a busy month in many ways. I hope next month is a bit quieter.

Clive Lawrence
Village Hall Chairman

Naphill & Walters Ash Residents Association

Planning: *The following are local planning applications received by Wycombe District Council (WDC) between 8th April 2019 and 13th May 2019. Any responses by NAWARA appear in full on the WDC website*

19/06076/FUL Pine Trees Downley Road Naphill HP14 4QY. Householder application for demolition of existing porch, construction of single storey rear extensions and partial garage conversion to habitable accommodation (alternative scheme to PP 18/07895/FUL) Received 02.05.19. Target Determination. 27.06.19: Officer. Valerie Bailey.

19/05962/FUL 183 Main Road Naphill. HP14 4SD. Conversion of existing barn/garage into 1 x 4 bed separate dwelling with oak framed extension, formation of new access and driveway to serve existing dwelling and replacement of existing shed with oak framed garage to serve existing dwelling. Received 14.05.19. Target Determination 09.07.19. Officer. Heather Smith. (Objection)

19/06242/FUL Beverley House Downley Road Naphill HP14 4QY. HA for construction of two storey side rear and single storey rear extension, construction of detached rear garage with associated driveway and dropped kerb. Received on 30.05.19. Target Determination: 25.07.19. Officer. Matthew Jackson

WDC Decisions:
Refused. 19/05713/FUL Hogtrough Smallholding Louches Lane Naphill HP14 4QH Permitted. 19/05856/FUL 149 Templewood Walters Ash HP14 4UF. 19/05901/CLP Darracott Coombe Lane Naphill HP14 4QX. 19/05903/CLP Melvern Stocking Lane Naphill HP14 4NE

Naphill Post Office and Store will be under New Ownership from July. It is with much regret we learned that Mr Surjit Singh and his family, who transformed what was Costcutters and took on the Post Office when it closed in Downley Road, are to leave us. We will all miss this hard-working family who have played such an important role in our community for the last 15 years. We wish the Singhs and Kaurs every good fortune in the years ahead.

**A new Date for your Diaries
8pm Friday October 11th 2019.**

Bingo

Join us with your friends and neighbours at Naphill Village Hall for a BINGO NIGHT with a difference.
PUDDING BINGO! More details next month.

Hughenden Street Association

This a County Council initiative, to which NAWARA is affiliated, looks after the interests of vulnerable people in our midst, many living alone, often exposed to scams to divest them of their savings. Their numbers are growing. To spread the word and encourage more people to support this cause we again set up colourful stand at NAPFEST. As an attraction we displayed, and free-raffled, two brightly decorated hampers of delicious food and drink generously donated by Bon Ami, the Co-op, The Black Lion Pub, The Wheel Pub, and Post Office. A big "Thank You!" to them all.

Not only did a lot more people visit the stand to learn about HSA's care in the community but we gained further members who signed up to help their neighbours. Our Member of Parliament David Lidington, who has taken a personal interest in the work of the HSA, once again visited our stand with Mrs Lidington to learn of the progress we are making.

If you would like to help residents who may be lonely or vulnerable in your immediate neighbourhood (or elsewhere) please ring 563634 or Stan at 07900 581703 and you will be given a folder with all the information you need. You can also invite them to the Monday Mingle coffee hour, every Monday between 2 and 3pm, at Bon Ami adjacent to Naphill Village Hall.

Gloria Leflaive 01494 563634





Residents in Buckinghamshire are the eyes and ears on our streets. More often than not, it's a neighbour who notices something amiss. To strengthen and support our communities, the Street Association would like to offer residents a variety of workshops highlighting some of the issues affecting our neighbours as part of the countywide roadshow. For more information or to book a place, please contact communities@buckscc.gov.uk or call 01296 382345

Dementia Friends

The Street Association is offering residents a free Dementia Friends workshop.

**10.30am 7th Nov 2019 The Harrow, Warrendene Road,
Hughenden Valley**

Many people living with dementia feel that society fails to understand the condition they live with. Dementia Friends can help by raising awareness to help you understand dementia in your community.

Scam Aware

The Street Association and Trading Standards are offering residents a free workshop to help identify the types of scams & harm that can happen behind closed doors, in your street, to you and your neighbours.

**2pm 10th Oct 2019, Naphill Village Hall, Main Rd,
Naphill, High Wycombe**

You'll learn how to spot the signs of doorstep, postal, cyber and telephone fraud to keep you and your neighbours safe.

Behind Closed Doors

The Street Association is offering residents a free workshop to help identify the types of exploitation & harm that can happen behind closed doors, in your street.

**2.30pm 24th September 2019, 2nd Floor High Wycombe
Library, 5 Eden Place, High Wycombe**

You'll learn how to spot the signs of exploitation including modern slavery, extremism, county lines drugs, cuckooing and abuse to help you understand what you can do to help.

The workshops run for 90 minutes and are open to all residents. If you're interested in one of the sessions, please RSVP communities@buckscc.gov.uk or call 01296 382345

Naphill Neighbours

Our speaker this month was Paul Heslop, who gave an illustrated talk about the Northumbrian coast, incorporating anecdotes about places of interest together with historical references. The delightful sandy beaches stretch for miles but no longer attract a huge number of visitors; they used to be packed when fleets of double decker buses took local residents for their annual seaside trip. Coal mines were the main employers in those days with tunnels stretching four miles under the sea. Coal was sent by boat to coastal towns, loaded aboard from huge wooden structures called staithes which went in to the sea and enabled coal to be dropped in to the colliers.

Warkworth and Bamburgh Castles are steeped in history and are well preserved. Off the coast one can visit Lindisfarne (Holy Island), taking care not to be cut off by the sea when the causeway is covered as the tide comes in. The Farne Islands are home to thousands of seabirds, the principal species being puffins. Boat trips ferry visitors for a close look.

The story of Grace Darling is well known. She was the local heroine who, with her father, rescued sailors from the wrecked SS Forfarshire by rowing

out to them in a severe storm. The story is well told in a local museum. Sadly Grace died at the age of 26 from tuberculosis.

Northumbria is delightful and, though some distance away from Bucks, is well worth a visit.

Thank you to everyone who donated cakes for our stall at the fete. The sales raised nearly £400 !



Our speaker on July 8th will be Malcolm Nelson with an illustrated talk entitled 'Concealments'. Sounds very intriguing. Talks commence promptly at 1.30pm, with doors opening by 1.15pm.

Peggy Ewart



125 Years of Hughenden Parish Council

Naphill Heritage Day

12 October 2019

Please put this date in your diaries. Further details will be provided in the August/September Gazette by which time we might have had some summer weather ?!

Pam Smith, our local archivist, will be providing, by popular request, an exhibition of photographs and memorabilia of village life. This will be in the village hall and be an all day event. Details of timings nearer the date.

In addition, local lacemakers will be working and exhibiting. All are invited to have a go, including children. Lacemaking was a thriving cottage industry in Naphill in days gone by.

Come and celebrate our heritage!!

Peggy Ewart

Hughenden Parish Council News

Allotments: Tenants are preparing their plots for the allotment competition which this year takes place week commencing 8th July. Good luck to all entrants. There are still several vacant plots at Louches Lane, if you would like to grow your own fruit and vegetables whilst being out in the fresh air and meeting new people, then please do get in touch and we can help you get started. Contact: clerk@hughendenpc.org.uk

Templewood Open Space: The designs are now published and available for viewing on our website – www.hughendenpc.org.uk and residents are invited to give their feedback via an online survey which closes on Friday 19th July.

There are three designs to choose from. Designers were asked to make best use of the space to utilise it not just as a playground but as a space the whole community could use.

Which one is your favourite?

Option 1 – Creative Play

Option 2 – Proludic

Option 3 – Sutcliffes

The designs are also displayed on the Walters Ash Noticeboard in Templewood.

The Council will also be talking to residents living directly beside the Templewood area to ensure that their feedback is also taken into consideration.

Shona Hadwen
Clerk to Hughenden Parish Council

RAF High Wycombe News

Honours And Awards

On 2 May RAF High Wycombe welcomed Councillor Sarfaraz Khan Raja, Mayor of High Wycombe to be presenting officer at the Station Honours and Awards Ceremony.

The Mayor presented a Meritorious Service Medal, a Deputy Commanders Commendation, six Air Officer Commanding Commendations, three Royal Warrants and four medals and clasps to 14 personnel from across the Station. Notably, the Mayor had the honour of presenting not only the distinguished Meritorious Service Medal to WO Aspinall, in recognition of his unquestionable dedication and commitment to the Royal Air Force over 39 years, but also his Royal Warrant and Long Service and Good Conduct 2nd Clasp.

Additionally, The TARTARUS Team received recognition from the Deputy Commanders for their excellent teamwork, pragmatism and commitment in delivering an Air Defence Radar at Saxa Vord in record time.

Councillor Raja said, 'it was an honour to be able to present personnel with awards in recognition for the amazing work that they have done, listening to the citations it was evident the amount of dedicated people that RAF High Wycombe has'.

Article as submitted by RAF

An Update from Hearing Dogs for Deaf People



Hearing dog puppies

In last month's Naphill and Walter's Ash Gazette, we told you about the range of services we offer to help anyone who has difficulties with their hearing.

As our adorable dogs are at the heart of what we do, we would now like to tell you about the kinds of things we introduce them to during their training, such as public transport, shops, cafes and even cats, and why we do this.

It is important that our dogs grow up to feel comfortable, safe and confident in a wide range of environments. We very carefully match our dogs with deaf people who have a vast range of different lifestyles. For example, some may live in busy urban environments, some may have lots of cats living nearby, some may commute to work on a train or bus, some may visit a busy café every day to help them stay connected to their local communities. We need to make sure that our dogs feel comfortable and relaxed in all of these situations, and many others.

To do this, we gently introduce our puppies, when they are ready, to various situations and environments that they're likely to face as a working hearing dog. This is an incredibly important part of their early stage training and socialisation, and it lays the groundwork for them to become life-changing hearing dogs who can accompany their deaf partners everywhere they go.

Our dogs are also introduced to other people (adults and children), other dogs, and even cats, so they get used to behaving well around them. It's important that our dogs aren't too playful or nervous around other dogs, people or cats, so we make sure we monitor their reactions closely from a young age.

Our volunteer puppy trainers, who look after our pups for around 14 months in their own homes, do an amazing job of taking the puppies out and about when they are ready, and making sure they feel comfortable – reassuring and rewarding them throughout so that they know a specific environment is a safe and enjoyable one.

They're also taught how to behave properly when out in public. This is important as all fully accredited hearing dogs are assessed to Assistance Dogs International Standards, which means they must behave appropriately in public and must know how to settle (laying quietly at a person's feet) when they are in places such as restaurants and cafes or while using public

transport. All of this will help our pups become well-adjusted, happy dogs who make valuable contributions to society.

Find out more about how we train and socialise our clever, adorable puppies by visiting www.hearingdogs.org.uk/training-our-puppies.

Next month we'll be sharing some stories of our dogs changing deaf people's lives; helping them to leave loneliness behind and reconnect with life.

Until next time, take care.

The team at Hearing Dogs for Deaf People

Services At St. Botolph's

July 7th	11am	Eucharist	Rev. Jenny Ellis
July 14th	11am	Eucharist	Rev. Linda Richardson
July 21st	11am	Eucharist	Rev. Jenny Ellis
July 28th	9.30am	Benefice Eucharist at Saint Mary's	Radnage

ON SUNDAYS DURING AUGUST,
ALL 11am EUCHARISTS, WILL TAKE PLACE
AT WEST WYCOMBE

Advice on Waste Disposal



I appreciate the difficulties that people have in getting to the tip and even when you get there, you can queue for ages and then find you have to pay for things that you never used to have to. I got charged £2.50 for a half fence panel the other day and then another £2.50 for the post!

The rules are that local authorities have a responsibility to deal with household waste although they can charge for certain items - at the moment. These include bulky waste - exceeds 25kg in weight or won't fit in a wheely bin - and garden waste. However, Wycombe charges quite a lot for this, so taking it to the tip would generally be a lot cheaper. But if you can't get to the tip yourself, then it certainly makes life both difficult and expensive.

My suggestions would therefore be as follows:

- If you can't get to the tip, try and get a neighbour to take it to the tip. In theory, they should register as lower tier waste carrier, but as long as it is just household waste, I can't see anyone complaining.

- For waste that fits the bulky waste criteria, you can ring the Council for a collection, but as above, that can be expensive.
- You can hire a skip but again, for small amounts, that could be overkill.
- You can get a bulk bag collection from someone like Clearabee.
- If you decide to use a 'man and van' type waste collection service, then try and get references first and make sure you note the registration number down when it is collected.
- Waste transfer notes are not required for collections from households. BUT anyone collecting waste commercially is legally required to be registered as a waste carrier. The name can be checked here. Failure to use a registered carrier to remove your waste is an offence.
- ALWAYS get a collection document from the collector showing their carriers registration number.
- ALWAYS write down the collection vehicle registration number.
- If possible, get a photo of it being collected.
- If your waste is dumped illegally by the collector, you are liable to prosecution and a fine unless you can demonstrate that you took reasonable steps to check.

If someone is cheap, there is normally a reason!

Phil Conran

Naphill Evening WI

Wasn't it a lovely day for the fete, despite our earlier worries about the weather. We had a good team in the Village Hall, serving tea, coffee, sandwiches and, of course, cakes. Despite there being several food outlets on the Crick itself we had a steady stream of customers and sold out except for a couple of packs of sandwiches. Thank you to those members who supplied all the delicious cakes etc.

We would all like to especially thank those members of the RAF and St John Ambulance who came to our aid when a call was put out for a First Aider. They were so caring and helpful and deserve a special thank you from the WI.

We will have had our Birthday Party on 20 June by the time the Gazette goes to press and the speaker at our 19 July meeting will tell us about "No Job for a Woman". The competition will be a description or photo of an unusual job for a woman.



On a sadder note, Daisy Leek has asked me to tell you of the death of Jessie Higham. Daisy used to speak to her on the telephone most weeks. Jessie was a well-loved and active member of our WI until she had to move away from the Village some years ago. She was born on 4 August 1931 and died peacefully after a long illness on 8 June this year. She leaves a son and daughter. Jessie was always full of fun with a smile on her face and some of us will remember her dressing up for the WI Float at the Fete. I personally remember her demonstrating belly dancing at WI!

Carol Gilliam



Chairman's Report

WOW! NAPFEST 2019! It's all over and now the Committee are already planning next year. The Committee and I are thrilled that the weekend was such a fantastic success. Not so lucky with the weather this year, but it held off for the main events. Starting with Friday night, Music on the Crick. Thanks to Bespoke Windows and Doors for sponsoring the event, we had such marvellous bands, the Ferris Wheel, the inflatables and not forgetting the free popcorn and candy floss. Then Saturday to the Fete, again this year there were more stalls and children's activities than ever before, including our own Circus.

Of course this would not have happened without my hardworking dedicated Committee, so to that I would like to take this opportunity to thank them for their support and efforts. Also, not forgetting the many volunteers that assisted with the Friday night gate management. It is such a rewarding feeling knowing that you have helped to achieve such a great event and giving back to the local village and Village Hall.

Thank you to everyone who sent in nominations for the 'Villager of the Year' award. This year we were overwhelmed with nominations, all of which were thoroughly deserving, with the award being presented to Clive Lawrence, with Chairman's awards going to Mr Trevor Stevens (Lacey Green) for all his help with the Spinning Jinney and everything else. Also a Chairman's award was given to Darren Lomas for all his help with the branding, signs, leaflets etc.



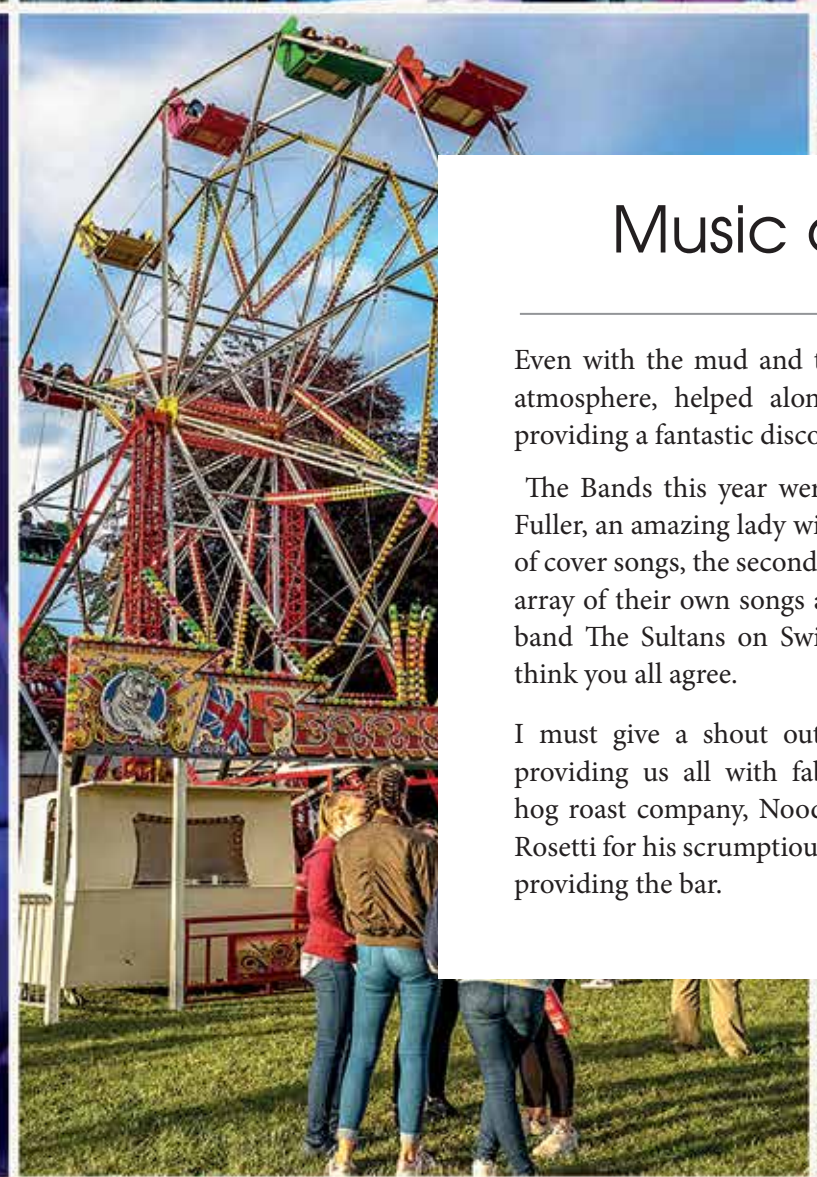
Clive Lawrence receives Villager of the Year Award



Thank you for your kind emails and Facebook posts, they really are appreciated. If you have felt inspired and would like to join our small team, please email me lindaclark894@hotmail.com. Finally, another thank you to Sonia and her team who have provided a lot of the photographs for this article and of course Sonia's patience with me for late submissions, excluding this one!

Linda Clark





Music on the Crick

Even with the mud and the drizzle there was such an amazing atmosphere, helped along by our local DJ Shaun Salter for providing a fantastic disco between the bands. Thanks Shaun!

The Bands this year were definitely on another level.... Kirsty Fuller, an amazing lady with a fabulous voice, who played a range of cover songs, the second band The Muddy Ducks who played an array of their own songs and a few covers. Then our headlining band The Sultans on Swings, who's music was phenomenal, I think you all agree.

I must give a shout out to our local stalls, Topsy Flamingo, providing us all with fabulous cocktails, Yourztoeat our local hog roast company, Noodle Nation and their delicious ribs, Mr Rosetti for his scrumptious ice cream and of course The Wheel for providing the bar.







Fete Day

We didn't let the poor forecast dampen our spirits, and the rain did stop in time for the afternoon's activities. The support from Alan Draper at Wye County, RAF Benevolent Fund and the RAF Charitable Trust made all the children's rides possible, which I believe catered for children young and old. So, the day started at 0830hrs, with the RAF working Party clearing up all the rubbish off the crick in the pouring rain, moving tables in and around the marquee for the Village Stall Holders, helping to set up the BBQ and providing guidance to the Stall holders as they arrived and ensured that they were in the correct place. From 0730hrs the stall holders started to arrive, the local dads were in the kitchen prepping the BBQ food and at the same time the WI were trying to set up for their Teas and Coffees. By 1130am, everyone and everything was in place for the judges, Gp Capt Shaun Harris and Mr Clive Lawrence to go and have a look at our fabulous procession and make their judging decisions.

At 1200pm the procession took to the arena, led by our truly handsome and pretty princes and princesses, who were chauffeur driven around the arena in brand new convertible cars, courtesy of Sytner. This year there were 70 stalls and rides on the crick, ranging from Cards, Books, Plants, Cocktails and the Ferris Wheel to the Circus Performances. Thank you to all the Village Stall Holders for their support, especially the WI for their tea, coffee and cakes served in the Village Hall which was decorated by Pauline Short. Of course not forgetting the Men's Club for the Bar and BBQ, the Tennis Club for the Strawberries and Cream, Trevor Stevens with the Spinning Jinney, Naphill Neighbours for the cake stall, and to all those who kindly spent hours over their ovens baking the delicious cakes to donate, special thanks to Cathryn Carter who baked so much!. The Friends of Naphill Common for the Silent Auction, Sheila Draper for her second year running the book stall and to all those who donated the thousands of books.

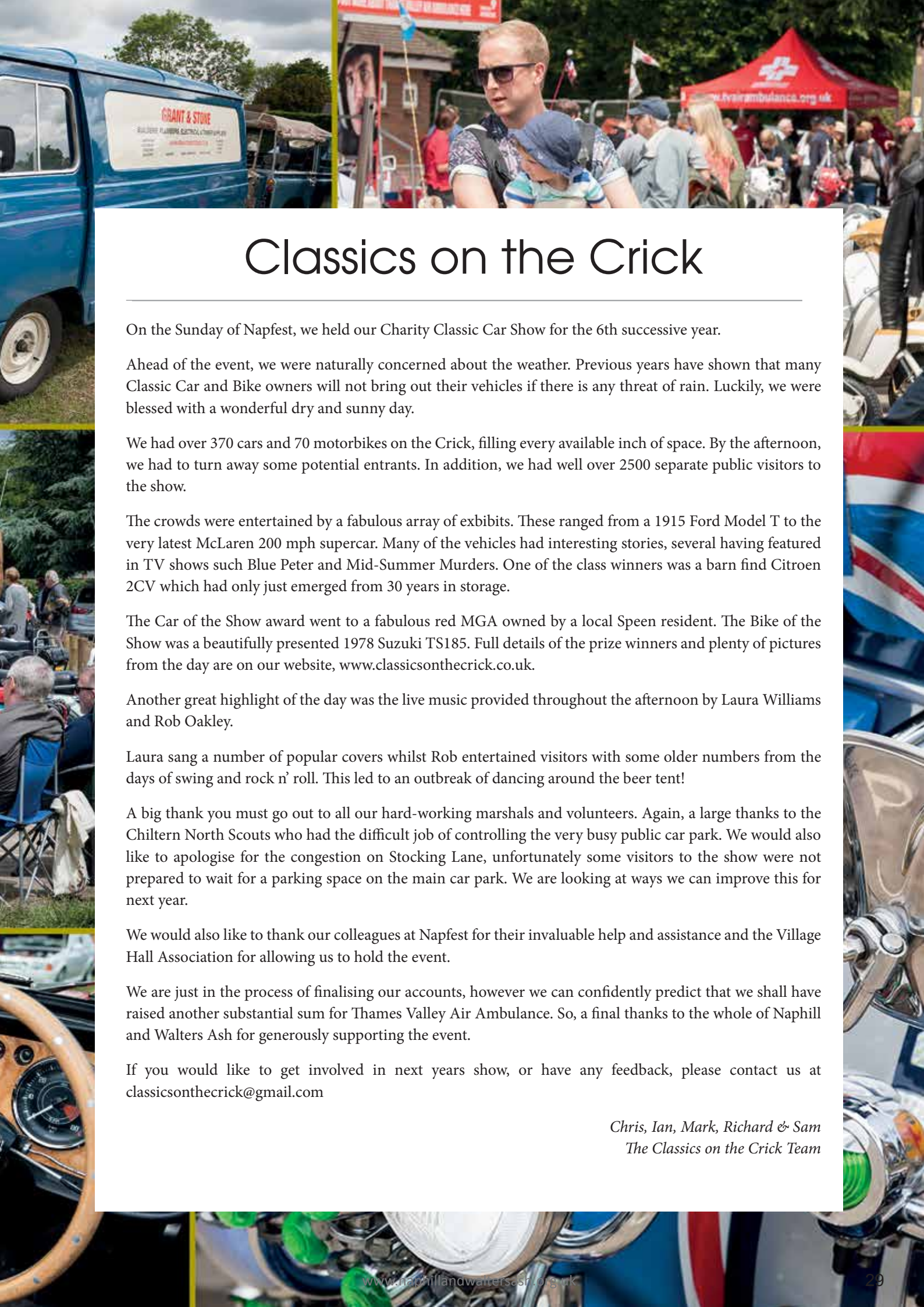
Marion and Samantha kept you all going throughout the afternoon, with their commentary, there was the RAF Halton Voluntary Band who played an hour of thoroughly enjoyable music, our beautiful Nepalese Dancers, who performed some traditional dances, our Lacy Green Singers, who sang their hearts out and of course the Princes Risborough School of Dance, who were performing back flips and other incredible moves. Congratulations to Cathryn Carter who ran the successful dog show which was again sponsored by Jollyes.

A big well done and thanks to all those who took part in the fancy dress, the judges had such a hard job deciding on who to award the trophies. After much, much, much deliberation the winners were:

- Best Youth Fancy Dress – Thomas Stevens
- Best Junior Fancy Dress – Betsy McMurray
- Best Adult Fancy Dress – Mark at The Wheel PH
- Best Walking Tableaux – The Tennis Club
- Best Stall – Naphill Brownies and Guides
- Villager of the Year – Clive Lawrence







Classics on the Crick

On the Sunday of Napfest, we held our Charity Classic Car Show for the 6th successive year.

Ahead of the event, we were naturally concerned about the weather. Previous years have shown that many Classic Car and Bike owners will not bring out their vehicles if there is any threat of rain. Luckily, we were blessed with a wonderful dry and sunny day.

We had over 370 cars and 70 motorbikes on the Crick, filling every available inch of space. By the afternoon, we had to turn away some potential entrants. In addition, we had well over 2500 separate public visitors to the show.

The crowds were entertained by a fabulous array of exhibits. These ranged from a 1915 Ford Model T to the very latest McLaren 200 mph supercar. Many of the vehicles had interesting stories, several having featured in TV shows such Blue Peter and Mid-Summer Murders. One of the class winners was a barn find Citroen 2CV which had only just emerged from 30 years in storage.

The Car of the Show award went to a fabulous red MGA owned by a local Speen resident. The Bike of the Show was a beautifully presented 1978 Suzuki TS185. Full details of the prize winners and plenty of pictures from the day are on our website, www.classicsonthecrick.co.uk.

Another great highlight of the day was the live music provided throughout the afternoon by Laura Williams and Rob Oakley.

Laura sang a number of popular covers whilst Rob entertained visitors with some older numbers from the days of swing and rock n' roll. This led to an outbreak of dancing around the beer tent!

A big thank you must go out to all our hard-working marshals and volunteers. Again, a large thanks to the Chiltern North Scouts who had the difficult job of controlling the very busy public car park. We would also like to apologise for the congestion on Stocking Lane, unfortunately some visitors to the show were not prepared to wait for a parking space on the main car park. We are looking at ways we can improve this for next year.

We would also like to thank our colleagues at Napfest for their invaluable help and assistance and the Village Hall Association for allowing us to hold the event.

We are just in the process of finalising our accounts, however we can confidently predict that we shall have raised another substantial sum for Thames Valley Air Ambulance. So, a final thanks to the whole of Naphill and Walters Ash for generously supporting the event.

If you would like to get involved in next years show, or have any feedback, please contact us at classicsonthecrick@gmail.com

*Chris, Ian, Mark, Richard & Sam
The Classics on the Crick Team*

A Different Perspectives of a Village Fete

My husband and I have just spent a fun weekend enjoying all the days of Napfest!

As usual my mind rambles on for days after; thinking back to all the different elements we enjoyed.

Our perspective is from the pure enjoyment we gain from this event. Nothing to worry about, (apart for fingers crossed for the weather), no responsibilities or deadlines to cause us concern! The fun starts for us on Friday evening with Music on The Crick. Being of more Mature Years the enjoyment comes from seeing our young neighbours pass our house in the evening laughing and carefree knowing they will have a relaxed night. We enjoy the music in a totally different way, reading in bed with a cup of something! Listening to the songs that blow across on the wind and tapping along to any we know!

Saturday is perfect with all the fun of the fair, and the delights of a once a year combination of wine, beef burgers and ice cream!

Another perspective is the excitement, anticipation and giggles it creates for the procession of fancy dress. Lead by open top cars containing Naphills very own Royalty! Two beautiful, suitably crowned Princesses, accompanied by their handsome Princes wave regally to their admiring subjects. The effort that goes into the fancy dress by all the participants is amazing, and is appreciated by all the lookers on!

The Classic Car event on the Sunday (a brilliant fund raiser for Air Ambulance) is not to be missed according to The Husband! Classic cars are not my forte (mind you I do love a vintage Harley), but the bribe of fish, chips and wine and if I'm good, another ice cream has me following on behind!

And the third perspective? Months of planning, hours of precious free time willingly given, weather (no one can guarantee this, but an important factor for the perfect day), will organised entertainments turn up? People that cook and people that serve drinks, look after and organise cars, man stalls etc. also there are the folks arranging advertising, music and so much more. Including at times, for all I'm sure, a little stress! So the "First Perspective" would like to say to the "Third Perspective" – Thank you all for the joy, fun and happiness you create when making Napfest happen!

Margaret Hunter



The Wheel

With any luck by the time you are reading this the summer may have started (here's hoping). On the upside the weather gods were on our side for Napfest, I still cannot believe how lucky we were considering how wet all the committee and volunteers were on the Friday for set up. We would like to congratulate the Napfest committee for yet another year well done. You are all amazing and did a great job as always.

I would like to congratulate Mark and all the staff for their amazing costumes on Fete Day. We all looked fabulous in our circus costumes and the dogs and Bertie looked great as lions. Mark is very proud to have won the Best Dressed Adult, as it will be his only trophy won this year! I would like to also thank George Parish for coming over earlier and getting all the team photos. The whole weekend was brilliant and the staff on all three days excelled themselves.



So, The Wheel's main event during July is our big fundraising day on Saturday 13th July. We will be hosting a charity event with Chiltern Hills Arboriculture, Danny will be staying in the willow tree for 24 hours raising money for Westfield School which supports children with special needs. The willow tree is going to be decorated to help make it look extra special and we will have the climbing ceremony at approximately 12 noon. There will be various fundraising activities including a bouncy castle and adult sumo suits, so we've all got our fingers crossed for great weather.

On to other news.

All the boys made it home safely from the Isle of Mann TT although rather soggy on the outside but very well oiled on the inside. Despite the weather they had a great time. With the TT races over the main bike racing showing at the pub will be the Moto GP and occasionally the British Superbikes, for all you motorbike fans.

Mark Chambers aka Chunky and his whole family are flying back from Canada in July to celebrate his 50th Birthday with us. Shaun Salter will be running the disco and I'm sure we will celebrate in style.

September may seem so far away, but we are planning for the Rugby world cup that starts on the 20th September. We will be showing as many games as possible depending on the time difference, this will be advertised in the pub and in the August/September edition of the gazette.

Finally we would like to welcome Hannah Green to the team and also Jack Spicer is back for the summer season.

I hope everyone has a great summer and we will be here to help you enjoy it no matter what the weather is



Claire and Mark (the human cannonball)

Naphill Tennis Club

We had a very successful Fete Day. In spite of having to take down our awning when gusts of wind threatened to blow it away, we sold all our strawberries & cream and the ball machine attracted plenty of custom.

Our 'circus performers' from mini to adult put on a great act and were thrilled to win a prize for their efforts. Thanks for an excellent day must go to The Fete Committee who put in all the hard work to make it a great success yet again!

JUNIOR COACHING is in full swing on Friday evenings and Saturday mornings and continues until the end of the school term.

CHILDREN'S TENNIS CAMPS will be held in late July and August for members and non-members from tots-to-teens. Dates and information below, please contact our coach, Mel Burn (melebbles@hotmail.com) to book or for further information/

IMPROVERS' COACHING on a Wednesday morning will be finishing in July but starting again in the Autumn.



AMERICAN TOURNAMENT (tea & tennis) takes place on Sunday 7th July.

For information on joining The Tennis Club, please contact the Membership Secretary, Sarah Dengel (563706), or the Secretary, Jenny Tench (565406), or visit our website: www.naphilltennisclub.org.uk.

Jenny Tench



Naphill Tennis Club Camps Summer 2019

Venue - Naphill LTC, The Crick



JULY AFTERNOONS

Thursday 25th
Friday 26th
Monday 29th

JULY MORNING

Monday 29 July
10am-12pm 4.5yrs - 9yrs
Mini Tennis

AUGUST AFTERNOONS

Wednesday 7th,
Thursday 8th,
Friday 9th
Monday 19th,
Tuesday 20th
Thursday 29th
Friday 30th

All Afternoon Sessions Times:

12pm-2pm
4.5yrs - 9yrs Mini Tennis
2pm-4pm 9+ to teens
Skills, technique, matchplay

Cost of all courses per day per child

£10.00 for Naphill LTC Members
£15.00 for Non-Members

Please bring drinks, snacks/waterproofs (in case of bad weather), correct footwear. Equipment – no racket – NO PROBLEM! All sizes available from the coach, just let Mel know in advance.

NB, Head coach – Melanie Burn may not be there at all the dates specified but will be deputised by key coaching staff whom have LTA tennis coaching qualifications, and are DBS checked.

You can contact me on mobile 07949 128195 to confirm your place or email melebbles@hotmail.com, or send details direct. Please make CHEQUE payable to M BURN. Bacs details available on request.

Naphill Brownies

May would not be complete without a bit of Maypole dancing. We have attempted this before and had some successful spells...closely followed by some less successful moments. This year we cracked it. The brownies did a great job and really got a good rhythm going.



The fete is always an important event for us at brownies. We love being involved in the procession and having a stall to run. This year we decided we'd be circus acrobats and made bright, twirling ribbons, so that we could twirl ourselves (cartwheel) or our ribbons for the procession. We then welcomed everyone to our hook-a-duck stall. To be honest we could have left the girls to run it on their own – they were so brilliant at managing the stall

Thank you to the fete team for planning this great village event for us all. Long may it last! You are allowing our youngsters to learn to be proud of their part in the community.



Brown Owl

Ruth Daly 565571. ruth.daly3@btinternet.com

1st Naphill Brownies

Thursdays 5:45-7pm

Lacey Green Players 

 **The Ladykillers** 
by Graham Linehan

Auditions
Wednesday, June 26th
or Thursday, July 4th

Interested ? Let us know on :-
info@laceygreenplayers.co.uk

We give our profits to local & national charities. With the magnificent help of our audiences, we have donated over £64,000 in the past 35years!

Fete and Flight Book Stall

Caroline Oxnard and I would like to thank book donors and book buyers for their generous support at the Fete. Figures are not finalised, but your collective love of the written word contributed around £300 to village hall funds. For the first time, we also stayed open on Sunday and raised an additional £140 approx for the Thames Valley Air Ambulance Service at Classics on the Crick.

Leftover unsold books are passed on to other charities, including hospice shops and the NT bookshop at Hughenden Manor. Anything, such as damaged books, that has to be discarded will be recycled - the pulp might be made into new books, covers or bookshop delivery boxes!

Many thanks to the stall workers and sherpas Helen, John, Kevin, Mike, Paul, Pauline, two Ruths & the RAF.

See you next year and happy reading meantime.

Sheila and Caroline.



Photograph courtesy Mike Beckley

Friends of Naphill Common

Thank you to all those who kindly supported our 'Silent Auction' at the fete. As last year, we did very well, raising nearly £2,000, half of which will go to the Village Hall. Thanks also to all those who gave items to be auctioned. With luck, all the items will have been collected or delivered to the winners by now, but if you are still waiting please contact a committee member.

Looking back at our spring there were disappointments. Not so many years ago the village would be thronged with house martins, swallows and swifts in spring. They would sit along the telephone wires in their dozens. Many houses would have martin's nests under their eaves and the barns would be sheltering swallows and swifts. Now they have all but disappeared. Quite why this is, is difficult to tell. Lack of insects is one factor and lack of nesting sites another. Our farm barns have become houses – as you will know if you went on Marian Miller's walk on 25th June – but why the martins no-longer build is harder to explain. The Common itself was also ominously quiet: just a few chiffchaffs and willow warblers. Did anyone hear a garden warbler, wood warbler, whitethroat or blackcap?

This summer we should normally see many animals. In addition to the ubiquitous grey squirrel, there should be roe deer and muntjacs, foxes, hares and an occasional badger in the evenings. Wood mice are a delight, with their dark eyes and large ears. At night, as well as several species of bat, you might spot an edible dormouse (*Glis glis*) – so called because the Romans bred them for eating. They are sometimes mistaken for young squirrels, and on the continent (their native home) they are a major pest of vineyards – here they tend to confine their 'vandalism'

to electric cables in roof spaces! Their German name is siebenschläfer, because they sleep (hibernate) for seven months a year. We expect the final phase of felling to begin in the autumn of 2020 and, once that is over, we expect the Common will settle down again and we can welcome the birds and animals back.

Most of the oaks on the Common are English (or Pedunculate) oaks (*Quercus robur*), which have their acorns on short stems about 2 to 4cms long, while their leaves have almost no stalk at all. However, there are just a few Sessile (or Durmast) oaks (*Quercus petraea*), on which the acorns have no stalks but sit close to the twigs, while the leaves have short stalks. See if you can spot one!

We also invite you to join one, or both, of our monthly walks. The short walks are led by Chris Miller and generally involve the Common and they are between 2-3 miles, starting at 10.30am from the Village Hall on the first Wednesday of each month. The longer walks are led by Ron Collins and are about 5 miles, generally some distance from Naphill. Join Ron on the third Monday of each month; meeting at the Village Hall at 9.25am for a prompt start at 9:30am. Members and non-members are equally welcome. These are the usual arrangements, but as there is sometimes a need to make changes it would be wise to consult our website, posters or the two leaders to confirm the details.

Information about all our activities, including our regular working parties, can be found on our website: <http://www.naphillcommon.org.uk>

Chris Miller - Chairman.

Growing Your Own

I found the latest information on food allergens from the Department for Environment, Food and Rural Affairs devastating. In the UK it is estimated that 1 – 2 percent of adults and 5 – 8 percent of children have a food allergy and many more have food intolerances. Why is this life-threatening problem quadrupling between one generation and the next? Just what is going on? About 10 people a year in the UK die from reactions to the 14 main EU-defined allergens, and countless thousands of people are in fear of their lives when purchasing food or going to restaurants. But what about the children? How is it that they are acquiring food allergies at a much faster rate than their parents?

It could be, in this modern world of fast food and easy sauces, that children are being exposed to substances at a young age which generate an allergic reaction and their parents are unaware of the dangers. One can trigger an allergic reaction as happened to me and I offer this example. I had eaten oysters on several occasions (and still have no problems with other kinds of shellfish). Then, in the USA, I tried a cooked oyster. I was immediately violently sick. Then, back in Europe, I ate raw oysters, and had the same reaction – immediately violently sick. This happened a few times then a doctor said that I was not actually allergic to oysters. The memory of the reaction to that cooked oyster in the USA was imprinted in my brain to trigger the same allergic response. So, maybe with our children, we are implanting allergic reactions without knowing what we do.

I would like to see completely strict labelling of all foodstuffs, listing all ingredients, no matter how small, to include pesticides, herbicides, fungicides etc. The list could be on the packaging, on the menu or on a separate board if space is limited. But the information should be available to the consumer. I would also advise growing your own food so far as you can, to lessen the dangers and to provide much healthier food than modern, convenience food.

On the allotment, July is a super month for taking fruit and vegetable crops, which come in profusion. So if the slugs and muntjac deer take a proportion it is hardly noticed. And neither of them go for my delicious tayberries, which are black in colour, over an inch long, really delicious and very easy to freeze for the winter. I have two tayberries and their canes can grow 20 feet in a season, so I let them drape over other fruit trees and fruit bushes. Fruit is borne on the previous year's canes, which are then cut out after fruiting.

Good gardening!

Mike Mason

Silent Spring

What happened to the dawn chorus this year? Over the last few years it has become less evident. I am reminded of a book published in 1963 by Rachael Carson in which she said air pollution and pesticide spraying mean no insects and no insects means no birds.

On a more positive note I have just returned from a birding trip to eastern Poland where until recently the horse dominated the rural landscape. Now with vast sums of money from the E.U. they have been replaced by the tractor. Hopefully, being a very much larger country with huge areas of forest and marshland, bird populations will not be devastated as ours have been.

We logged 168 species in ten days, visiting three sites from two bases, getting up between four and five each day. Birding is a test of stamina as well as birding skills! These included all ten Woodpeckers and seventeen of eighteen Warbler species. They were everywhere, feeding on an abundant supply of insects. Where there are Warblers there are Cuckoos. we heard and sometimes saw at least five Cuckoos at each site.

Here we have few insects thus few Warblers and no Cuckoos. Which brings us back to silent spring.

Gordon Hickmott

Midday Supervisors
Required

Naphill and Walters
Ash School



We are looking to recruit Midday Supervisors to join our friendly team. Hours of work are 11:50am – 1:20pm, Monday to Friday, Term Time only (number of days are negotiable). Rate of pay £8.21 per hour. Duties to include: Setting up for lunch and supervision of children in the dining hall / playground. Closing date 10th July 2019.

For further details and an application form please contact the School office on 01494 562813 or office@nap-walt.bucks.sch.uk

Bon Ami

June has been a great month at Bon Ami. We have had two of our busiest days ever!

Our first was when we were hosts to more than 110 cyclists! We provided a "Feed station" for the cyclist who were taking part in either a 40 or 70 mile charity bike ride around the Chilterns. The charity was MDNA (Motor Neurone Disease Association) which is very close to Bon Ami as we have two customers currently battling the disease. In addition to the money sponsored for the event our customers donated £106 throughout the day. Thank you to everyone who donated during the day; it was a great event.

Our second crazy day was "Classic on the Crick" when we stood at our counter and served non-stop from 9am – 4pm! It was brilliant to see so many people having such a great day. The sounds and smells of the classic cars and bikes was amazing!

We are both planning our summer breaks; Amanda and then Ruth will be away one after each other so there will be a variety of fresh faces serving over the holiday period. We look forward to seeing all of our regular customers and new faces too over hopefully a long hot summer!

Please see the poster regarding the next "Mental Health Mates Bucks" walk & talk meeting that will be held at Bon Ami in 6th July.

Looking ahead to after summer our next charity fund raising event will be our annual McMillan Coffee Morning on Friday 27th September. This has always been a very well supported event at Bon Ami and we hope to be able to donate well again to this extremely worthwhile cause.

HIGH WYCOMBE & MARLOW PEER SUPPORT
Mental Health Mates Bucks
WALK & TALK
BECAUSE WE ALL HAVE MENTAL HEALTH

JOIN OUR NEXT FREE MEET UP ON
SAT 6TH JULY
IN NAPHILL

FROM 10.30AM - 12.30PM

START & END AT
BON AMI COFFEE SHOP
THE PAVILLION, VILLAGE HALL, HP14 4SX

For enquiries or to join please email
mhmbucks@gmail.com
WWW.MENTALHEALTHMATES.CO.UK

#FINDYOURWE MHMBUCKS

Ruth and Amanda

wansa NAPHILL & WALTERS ASH SCHOOL
SUMMER FAIR

SATURDAY 6TH JULY
11.30am – 14.30pm
school playing field

BBQ & BAR | ICECREAM | POPCORN | BOUNCY CASTLE
FUN & GAMES | FACEPAINTING | TOMBOLA | TEDDY TOMBOLA
PLUS CARBOOT MARKET!

FANCY A PITCH AT THE MARKET? - £10 A CAR - TO BOOK, OR FOR MORE INFO, EMAIL: WANSACOMMITTEE@GMAIL.COM

Pura Vida! If you were in Costa Rica, this would be a familiar refrain that is used as a greeting, an acknowledgement that life is great, and a phrase that perfectly describes the psyche of this small Central American country. Pura Vida, with a literal translation from Spanish meaning “Pure Life”, perfectly represents the principles of a country that is a strong advocate in human rights and sustainable development as a way to secure stability and growth.

This principle has a deep resonance in my own approach to patient care and corporate responsibility. This is my vision for Pura Vida Dental, my first solo practice in Walter’s Ash which provides general, cosmetic and implant dentistry. I am absolutely delighted to have acquired premises for this new enterprise in a community that is close to where I live, and in which my children went to school. I have been a partner in two dental practices in High Wycombe and Marlow for over two decades, and lived and worked in this area for almost thirty years. With the dissolution of the partnership at the beginning of the year I was certainly not ready to hang up my shingle, and wanted to create a practice that would reflect my holistic approach to patient care distilled over 30 years of clinical practice, both in South Africa and the UK.

My aspiration for the practice is also reflected in the trefoil design of the practice logo, which has a passing semblance to

a tooth (what else!) and tips its hat to the concept of ‘nature’ in the colour of the motif. But, importantly, it symbolizes the three core values that will drive the ethos of the new practice: a family clinic where each patient is treated holistically as an individual, an employer that invests in the education and well-being of all it’s team members, and an enterprise that respects the fragile environment that we live in and supports the community within which it is located.

Good oral health should not be considered a luxury, since there is now strong evidence that links various bacterial mediated conditions in the mouth with increased incidences of heart attacks, strokes, diabetes and premature births. Regular dental maintenance visits are therefore an important aspect for maintaining a good general health, which only becomes costly when neglected. I am of the opinion that cost should not be a barrier to accessing healthcare. Since there is no further funding in this area for NHS dentistry, I have implemented various dental payment plans and fee structures in the practice to allow access for the whole family to Pura Vida Dental.

I wish to extend a warm welcome to everybody in the community to visit the practice once it opens mid-July, even if it is just to say hello or to get more information.

A Message from David Lidington MP

It was good to be at the fete again this year. It’s always a great opportunity to touch base with constituents and Naphill’s second-hand bookstall is one of the best.

More importantly, the fete is a celebration of the village community, epitomised by the range of different organisations that took part in the opening parade or which ran stalls. It was a reminder too of how much in every village or neighbourhood rests on the shoulders of a relatively small number of people who are willing to take the responsibility for making things happen: the volunteer leaders of local sports clubs and youth organisations, parish councilors and the people running organisations like Hughenden Street Association. So I was delighted to be asked to present Clive Thomas with his award as “villager of the year”. Big congratulations too to our local station commander, Group Captain Shaun Harris, on the award of the CBE in the Birthday Honours List.

My ministerial responsibilities include cyber security, a subject that is rightly getting increasing attention in both government and Parliament.

Gadgets like smart phones, tablets and laptops are for most of us an essential part of everyday life. Nearly nine in every

ten adults in Britain use the internet to buy things. Almost a quarter of the population does so every day. Yet only about 15% of the population feel that they know how to protect themselves against fraud or other threats online.

Last year nearly one third of businesses identified breaches of cyber security or attacks on their systems. Charities and public services are also under threat. Two years ago, many parts of the NHS were disrupted as a consequence of the worldwide Wannacry attack.

Digital technology has brought enormous benefits and freedoms to people not just in the United Kingdom but throughout the world. At the same time, both criminals and hostile states look to exploit the internet for their own purposes.

That’s why the government is spending £1.9 billion to improve cyber defence. Last year, our automatic Active Cyber Defence Programme took down nearly 140,000 UK-hosted phishing sites. And we’re protecting the public sector, checking more than 4 billion queries to the internet every week, and blocking more than 1 million that are malicious.

David Lidington

Hughenden Valley and Chequers Drive Surgery News Update



Hughenden Valley Surgery

Firstly we'd like to say a huge thank you to all our patients for their support and patience during our IT changeover.

Not surprisingly, there have been some teething problems but we are working through them.

REGISTERING FOR THE NEW SYSTEM

We need all (yes that is you !!!) our patients to register on to the new system if you have a computer/smart phone. This will really help you to receive the best possible service from the surgery.

- If you have not yet registered to use online services (e.g. ordering repeat prescriptions/ appointments/ seeing medical record), please go to the home page on www.ourpractice.org.uk and click on "online services" on the tool bar.
- See bold section that says to pre register for on line services....then **CLICK** on the link and fill in the form and upload an identity document. It is as easy as that, however it can take up to 14 days for us to load your information on to the system.
- We will then send you an email with your access details to the new system.
- Enter www.patientaccess.com. the first link shown on the email..... ignore the other 8 email addresses.
- On the top right of the home page it will ask you to register.
- Enter post code of your surgery. HP14 4 LG (Hughenden) and HP16 9DU (Chequers)
- Click on your current surgery.....then click continue.
- Question pops up...click yes I have received a registration letter.
- Enter the details of the Linkage Key And Account ID. from that email. The ODS code is not required. Then confirm
- Fill out the further information required. Your name etc..... and enter.
- A confirmation email will come to you almost immediately.....and you are good to go.

YOU ARE NOW SIGNED ON TO ONLINE SERVICES.

If you were on the old on line system YOU will still need to re-register. Please see instructions above.

PLEASE note that if you are currently using one email address for 2 patientsthis is not possible on the new system. Another email address will need to be generated to allow both patients to register separately.

Look for the article in this Source on the new Primary Care Network to see how important it is to register.

Primary Care Network (PCN):

NHS England have directed local groups of practices into forming networks so they can work collaboratively to provide additional localised services based around their population needs.

We have formed a PCN which will be called Mid Bucks PCN. It will become effective from the 1st July 2019

The surgeries involved are Hughenden Valley and Chequers Drive, John Hampden, Prospect House in Great Missenden and two surgeries in Amersham, Rectory Meadow and the Amersham Health Centre.

Dr. Shaheen Jinah of the Hughenden Valley and Chequers Lane surgery has been appointed joint Clinical Director of the new PCN with Dr. Clare Gabe of Amersham Health Centre

One of the main benefits of clinical software changes is the ability to work more closely with all PCN partners and surgeries and soon be able to access appointments across the locality both in the evenings and the weekend.

These appointments will be offered at the surgeries above or Amersham/ Wycombe hospitals where the health professionals will have real time access to your clinical notes.

The PCN will take time to evolve as it is an innovative way of working for GP practices but with national funding we anticipate it will deliver appropriate and much needed services within our local community.

None of these changes will affect the traditional services provided to registered patients of the HP16 surgeries.

Hughenden and Chequers Patients Group

A TALK

**Dying : to start a conversation. Live well,
Love well, Leave well.**

by
Dr Christopher Foote.
Retired Consultant Physician.

Prestwood Village Hall, 30th July 8pm
ALL WELCOME. FREE ENTRANCE
Refreshments available

From Bradenham Vicarage

Summer weather et al.

As I sit and put pen to paper, June is living up to its nickname of 'Flaming June'. The hotter, 'dog days' are yet to come but June, methinks, is actually known as 'Flaming June' because the weather is so flaming awful! (Well it has been this year). Maybe July will bring better weather, maybe August, maybe September.....maybe we will spend our year waiting for something better to come around. Better weather, better financial circumstances, better jobs. Things can always be 'better', or so we hope. And suddenly, the summer has gone and that better day never came. So we spent the whole summer waiting for the weather to improve and it never did. We spent years hoping our finances would be better next week, next month, next year. That better job never materialised and we missed the opportunities that were already there in front of us.

Aspiration is a fact of humanity. Without wanting things to be better, how would the great inventions that give us flight, communications, comfort or health have ever been thought of. Working towards something 'better' is an essential aspect of life, but aspiration is not everything. In his famous poem 'Leisure', William Henry Davies wrote:

*What is this life if, full of care,
We have no time to stand and stare.
No time to stand beneath the boughs
And stare as long as sheep or cows.
No time to see, when woods we pass,
Where squirrels hide their nuts in grass.
No time to see, in broad daylight,
Streams full of stars, like skies at night.
No time to turn at Beauty's glance,
And watch her feet, how they can dance.
No time to wait till her mouth can
Enrich that smile her eyes began.
A poor life this is if, full of care,
We have no time to stand and stare.*

Jesus often reflected in a similar vein. He asked us to look at the flowers of the field and the birds of the air, how they didn't bother with building barns and making garments, yet God cares for them as he cares for us. Almost in the same breath, Jesus asks if we can add a single hair to our heads or an extra minute to our lives by worrying about it. The answer is so ludicrously simple it makes us smile – of course not. In fact the evidence is that worrying about that bald patch is likely to make it grow at a faster rate!

When we spend our time enveloped in the desire for 'something better next time', we are in danger of missing the good that surrounds us now. There are many memes that urge us to live in the moment. Jesus words tell us 'do not worry about tomorrow, for tomorrow will bring worries of its own.' In the 21st century, those words might look like this:

The past is a memory, the future a dream, today is a gift from God – that's why it is called the Present.

May you be blessed with a present filled with God's love.

Rev Jenny Ellis

Chiltern Hills Arboriculture

Back in May I remember writing about some unseasonably early sun, warm afternoons in the garden with a glass of chilled white wine, getting this year's first cut of the lawn under my belt.... and generally looking forward to summer gardening.

So the recent diabolical weather is probably partly my fault. Retribution from the weather gods, literally "raining down" on my parade. Sorry about that. I promise no more misplaced smugness in future spring articles.

Which brings us around to this month. Every time I drive down Main Road at the moment I am half expecting to see some robe wearing bearded bloke on The Crick, building an Ark and rounding up pairs of animals from the common. So I thought a few pointers about wet conditions and gardening considerations might be apt.

What happens when your plants get too much rain? Well, the soil can only hold so much water. Once it becomes saturated the water can pool, causing flooding which may wash any seeds away. It can also promote weed growth. Waterlogged soil will push out its oxygen, which is essential to plant well-being.

What can I do to alleviate saturation? If your lawn and beds are accessible, as in you are not making matters worse by walking on them, you can aerate sodden areas with a garden fork or even a specialist tool, like a spiked rolling aerator. Push the fork in as deep as it will go. Give the handle a little rotational wiggle, pull it out, and repeat.

Another thing to look out for is slugs. They love the wet weather and will decimate green leafed plants like Hostas, Marigolds, and green leafed vegetables if allowed. Marigolds are often used as "sacrificial fodder" on allotments to keep the little critters away from the vegetables. You can deal with these little pests in a number of ways. A walk around your garden and flower beds armed with a salt cellar, giving each one a good "seasoning" will deal with the immediate problem. A scattering of slug pellets is another method, but not if you are trying to be organic with your gardening. An alternative to pellets are traps, baiting them with beer. The trap is a container, dug into the ground so that the lip is flush with the soil, and then filled with beer bait. Apparently the slugs love it, fall in, and drown. It's not something I have tried but some people swear by them.

Hopefully by the time this goes to print, the rain will be behind us and we will all be enjoying the sun again.

Finally, a gentle reminder of our charity event at The Wheel on Saturday 13th July. All the information and an opportunity to donate to this great cause can be found here:

<http://tinyurl.com/y3fk54x2> www.westfieldschoolbucks.org

It would be great if you can make it down to cheer Danny on and help to make the event a success.

Mike Beckley

News from Hughenden Church

Be still and know that I am God. Psalm 46 verse 10

Every other month, the clergy from the Wycombe Deanery have an opportunity to gather together for prayer, to eat lunch and share news with one another for our mutual encouragement. The venue rotates between the various Churches within our area, and we recently found ourselves on a wet Thursday at All Saints, Bisham, just outside Marlow. This was my first visit to the Church, and as I stood in the Churchyard beside the river, watching the swans revelling in the wet weather, I was struck once again by how important it is to find time for rest and refreshment in our daily lives. We had been invited to spend over an hour in silence, and to then bring an item or reflection back to the group at the end. Offerings varied from flowers to sketches and stones, as we each shared how we had used the time, and how God might have spoken to us.

My personal contribution was simply to share how refreshing I found the silence itself. I had welcomed the opportunity to rest and be still in such a peaceful place, to pray, to listen, and to allow the peace and sanctity of the church envelope me.

As we enter summer holiday season, you may well have made plans to pack off the family to the Norfolk Broads, to Centreparks, or to even hop on a plane or train further afield.

My wife Rachel and I spent a refreshing few days in Lyme Regis in early May. Lyme Regis is a quaint Dorset town on the Jurassic south coast, a popular destination for visitors. We sampled the best local food, went out for some trips, including visits to Exeter, Charmouth and West Bay, and went on some lovely walks along the sea front.

One afternoon, I found myself on the pebble beach looking out to sea, marvelling in the wonder of God's creation. I was the only soul on this stretch of beach, and revelled in the moment, and found myself listening to the rhythmic sounds of the waves rushing onto the beach, as all else around me was still.

I closed my eyes, and some words from Psalm 46 verse 10 came to mind – "Be still and know that I am God". Peace and calm came upon me, and I felt at one with creation, and with the creator. *Wonderful!*

Rev Keith Johnson

News from Hughenden Mothers' Union

We meet on the 1st Tuesday of each month in Church House at Hughenden church at 7.30 pm.

There is a short service before we have an interesting speaker – last month it was the Educational officer from our cathedral, Christ Church in Oxford and soon it will be one of our members telling us about the Wycombe Homeless Connection – and then it is coffee and cake!

We are part of the Oxford diocese of Mothers' Union and take part in fundraising, talks and meetings.

Our next big event is a Ploughmans Lunch on the 2nd July 12 noon in Church House. There is a Stupendous lunch, a pudding or cake and tea and coffee – all for £8!

For more details on any of the above just phone me.

Norma Clarke 563116

Sad News from Day 1 Shop and Post Office

Psst have you heard....?! Many of you may of heard some rumours that the shop/post office is closing. No, it's not closing. It will however be under new management. We have been in this village for over 10 years, Param, myself and the twins over 3years. We have gone above and beyond what just a 'village shop' would normally do, you may not know but those who do, do!! So to those who have supported us at the shop, post office and given love and kindness to our twinnies, thank you. My Dad brought this run down little shop where the shelves were empty, no one came in. Today we have a post office, shelves filled with food, drink, etc. I am proud of what my family has achieved today in Day1. We have tried so hard lately to bring our sales in, however, 'supporting your local village shop' is just bare minimum these days, hence why we are leaving! But on the bright side we get to finally spend time as a family and not be stuck Monday to Sunday all day in a shop. Do you remember Mike (Shinda) Sunny, Sabbi, Harman, these lovely workers who always put their hard

work into this place. Julie will be making her own decision to stay in the post office or not. To my husband Paramvir Singh, a hardworking daddy of twins who has worked super hard, thank you. We are very upset leaving the shop, however, as they say 'onwards and upwards'.

Also to add we saved the village post office. Had it not have been for us who moved it into the shop there would be no post office. Even to the point when we had to downsize to one counter, we had the choice of giving it up. It was I (Priti) who thought no, we should keep it for those elderly people who would have the inconvenience of having to travel all the way to town to get their pensions etc. People can't see how hard we have tried to keep things convenient for them, yet no help to keep us going, so much for "support"

Thank you!

Priti, Param and the twins

Black Lion

Well, it's all go here at The Black Lion. We'd like to thank everyone for making us feel so welcome in our first month.

Going forward, we'll be introducing "Chatty Wednesdays" (thank you 'Fleabag') which is an opportunity for anyone who is on their own or just wanting a bit of company to join us for tea/coffee/cake and have a natter with us and other local residents.

Alex, our Head Chef, is working hard in the kitchen and we're expanding our menu to bring you lots more tasty dishes. You can now make a restaurant booking online via our website www.blacklionnaphill.co.uk or Facebook and this means you can book at any time, even in the middle of the night when the pub isn't open!

We are now open for breakfast Thursday – Saturday from 8AM and can offer you the full Black Lion Breakfast, Vegetarian Breakfast or something lighter. A bacon sandwich will set you back only £2.95 with the option to add pretty much anything from the menu that you'd like.

Also, since we're now in Summer we've erected a large marquee on the grounds so come rain or shine we've got you covered...literally! Of course, this also means we can now cater for large groups and events so if you're looking for somewhere to host a function just let us know.

We hope you'll come on by and say hello.

Lisa & The Black Lion team.



Shear Madness

Wow, how lucky were we with the weather for Napfest, I think they were panicking about the music on the Friday but by all accounts it rained after the event. Huge congratulations to all who organised it, as always the community came together once more. Every year I donate a haircut to the silent auction and I must say you are all very efficient, haircut was redeemed two days later. Our very own Marley, the whippet, won third place in the category "judge most wants to take home" I could never be a judge, I'd want to take them ALL home!

I am sure most of you know by now that I was diagnosed with Breast cancer at the end of May. Please don't worry, the tumour is very small and the surgeon is confident he can remove it with no further treatment. When you read this I will have had my operation so the shop will be shut while I recuperate at home, in the words of the actor Arnold Schwarzenegger ... "I'll be back!"

Mandy

Jewel of Oriental

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Retirement News from Trust

After 28 years of pet-minding I've made the decision to retire. My last working day will be the 31st October 2019. I started my business (Trust) in 1991 a year after our first daughter was born. I needed something that would fit in with children and my Triathlon training. I've always loved animals, and after looking after a friend's cats she said "you could do this."

At the time of starting the business no-one else in the area did home visits to pets. I started with cats and small animals, dog walking came later.

Over the 28 years I've looked after everything from snakes to horses, I've never turned anything down. Every day is different, it's never boring! I could write a book on all the weird and wonderful things that have happened, now there's a thought.....

A few people have asked me what will you do? Well, I think I'll just do all the things I do now, but instead of running round like a headless chicken, I'll take more time. Of course I'm hoping to ride my bike more!

I would like to thank my long suffering husband Nigel, and our two daughters Hannah and Beth. Mostly for putting up with me either having to leave something early, turn up late or miss altogether.

Of course I want to say a huge thank you to all of you lovely people in Naphill and surrounding villages for supporting me! Some of you I've known from the start. I'm going to miss my job terribly. It's probably taken me three years to make this decision, it hasn't been an easy one to make.

Vivienne Pountney

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